

Youth Mental Health First Aid Training



When:

March 13th, 2017
8:00 AM – 5:00 PM

Where:

Helpline Center
Training Room
1000 N. West Ave
Ste 310
Sioux Falls, SD

Youth Mental Health First Aid is an 8-hour course that teaches adults assisting young people with a 5-step action plan to offer initial help to young people showing signs of mental illness or in crisis, and connect them with the appropriate professional, peer, social or self-help care.

A young person you know could be experiencing a mental health challenge or crisis. You can help them.

Anyone can take the course, but it is ideally designed for adults who work with young people, ages 12-18—teachers, coaches, faith leaders, social workers, and other caring adults.



YOUTH
MENTAL
HEALTH
FIRST AID®

Training is FREE!
Lunch will be one hour on your own.

To register visit:
March17YMHFA.eventbrite.com or
call/e-mail 605-339-4357
Taylor@helplinecenter.org

In order to allow us to offer this course for free, you will be asked to participate in a simple follow-up questionnaire.