

Youth Mental Health First Aid Training



When:

February 9, 2017
8:00 AM – 5:00 PM

Youth Mental Health First Aid is an 8-hour course that teaches adults assisting young people with a 5-step action plan to offer initial help to young people showing signs of mental illness or in crisis, and connect them with the appropriate professional, peer, social or self help care.

A young person you know could be experiencing a mental health challenge or crisis. You can help them.

Anyone can take the course, but it is ideally designed for adults who work with young people, ages 12-18—teachers, coaches, faith leaders, social workers, and other caring adults.

Where:

Helpline Center
Training Room
1000 N. West Ave
Ste 310
Sioux Falls, SD

Training is FREE!
Lunch will be one hour on your own.

To register visit:
YMHFAfeb2017.eventbrite.com or
call/e-mail 605-339-4357
Taylor@helplinecenter.org

In order to allow us to offer this course for free, you will be asked to participate in a simple follow-up questionnaire.



YOUTH
MENTAL
HEALTH
FIRST AID®