helpline center

Youth Mental Health First Aid Training

Helpline Center Training Room @ 1000 N. West Avenue
8:00 AM-5:00 PM
June 27, 2016
Lunch from 12:00-1:00 on your own

A young person you know could be experiencing a mental health challenge or crisis. You can help them.

Youth Mental Health First Aid is an 8-hour course that teaches adults assisting young people with a 5-step action plan to offer initial help to young people showing signs of mental illness or in crisis, and connect them with the appropriate professional, peer, social or self help care.

Anyone can take the course, but it is ideally designed for adults who work with young people, ages 12-18—teachers, coaches, faith leaders, social workers, and other caring adults.

- FREE!
- Registration is limited

To register:
http://ymhfajune2016.eventbrite.com
or
Call Taylor at 605-274-1431 or Dial 2-1-1